**If You Really Knew Me Activity**

This exercise is both about sharing ourselves, going beyond the surface, but also about truly listening when someone shares their story with you. Those moments are a privilege. Each person will have time to share their thoughts on the prompts below. When someone is speaking, the rest of the group should listen in silence, giving their full attention. When someone is finished, group members should be given the opportunity to make remarks on what may have resonated with them or thank them for sharing. These remarks should be brief, and deeper conversations can continue once everyone has shared.

Everything discussed is expected to stay within your group. Part of community and authenticity is trust. Each person’s story is their own to share with the members of the BSC community if and when they choose. Treasure and respect this experience that every member of the BSC community participates in.

If you really knew me, you would know…

* I am proud of…
* The hardest thing I have ever done is…
* My relationship with my family is…
* My feelings about beginning college are…
* I believe my purpose in life is to…
* The person I feel closest to is…
* If I had three wishes I would wish for…
* The way that most people see or label me is…
* But you may not realize that I am…